

## 第 25 回日本睡眠学会研究奨励賞論文と受賞者

### ○臨床系論文（疾患対象）

宮川 卓

A missense variant in PER2 is associated with delayed sleep–wake phase disorder in a Japanese population

Journal of Human Genetics 2019 1219-1225

### ○非臨床系論文（非疾患対象）

有竹 清夏

Diurnal repeated exercise promotes slow-wave activity and fast-sigma power during sleep with increase in body temperature: a human crossover trial

Journal of Applied Physiology 2019 127:168-177

### ○機関誌掲載論文

大塚 雄一郎

Association between unhealthy dietary behaviors and sleep disturbances among Japanese adolescents: a nationwide representative survey

Sleep and Biological Rhythms 93-102, Volume 17, Issue 1, 2019

2020 年 7 月 12 日

睡眠研究奨励賞選考委員会

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